



Dr Hugh Bartholomeusz graduated from the University of Queensland in 1976. He undertook further advanced surgical training in plastic surgery at Princess Alexandra Hospital, Royal Brisbane Hospital and the Queen Elizabeth Hospital in Adelaide. He is currently the senior plastic surgeon at Greenslopes Private Hospital and has been President of the Queensland Society of Plastic Surgeons and Chairman of the State Committee of the Royal Australasian College of Surgeons. His appointments have also included the Chairmanship of the Australian Day Surgery Council and past President of the Council of the Australian Society of Plastic Surgeons. He teaches undergraduate and post graduate medical and nursing personnel and is currently appointed as an Associate Professor at the University of Queensland.

His international accomplishments have included World President of the International Air Cadet Exchange Association and a member of the Executive Committee of the International Association of Ambulatory Surgery. He has served as a commissioned officer in the Royal Australian Air Force since 1972 and currently holds the rank of Air Vice-Marshal. He is a former Surgeon General Australian Defence Force Reserves and is the current Chairman of the Australian Air Force Cadets National Council.



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FTM Chest Surgery: a new approach



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Pre operative Requirements: Dr Bartholomeusz performs pre operative assessments in his consulting rooms at Greenslopes Hospital. At this consultation, he assesses suitability for the procedure and clearly outlines the likely operative details for each individual patient. He follows this with an itemized fee quotation. The fee quotation depends on many factors including health insurance cover and the extent of surgery required, and is therefore only defined by Dr Bartholomeusz after a “face to face” consultation. To organize a consultation with Dr Bartholomeusz, the patient needs to phone the consulting rooms on 3847 9492. For the consultation, a letter of referral from a medical practitioner is required plus a supporting letter from the patient’s treating psychiatrist.

Dr Bartholomeusz requires patients who have booked for surgery to arrange an appointment with his Nurse Practitioner; who is an advanced practice nurse assisting and collaborating with Dr Bartholomeusz. She assists in the operating theatre and performs all pre and postoperative care including an after hours on call service. She typically will see the patient three weeks before surgery. If the patient resides outside Queensland, she will try to arrange her pre operative assessment on the day of surgical booking and consultation with Dr Bartholomeusz. At this appointment a medical history is taken, education about the postoperative care is undertaken, and the sizing and measurement of a garment is completed. This is also an opportunity for her to clarify any questions regarding the procedure and aftercare.

Surgery: The surgery will take place either at the Southbank Day Hospital, an accredited and Queensland Health licensed private free standing day hospital, or at the Greenslopes Private Hospital. Either hospital will contact the patient two to seven days prior to the procedure to confirm the details of hospital admission. On the day of the surgery, clinical pre operative photos will be taken and preoperative marking completed. Recovery in the facility and postoperative education with the provision of a handout sheet will also occur. Dr Bartholomeusz will always use a drain for this procedure and the patients will be discharged home with this “Varivac” drain insitu. This drain requires minimal intervention from the patient and is specifically designed for home care.

Postoperative care: Patients will return for the removal of drains and dressings at seven to ten days after the surgery. The dressing and drain removal will occur in Dr Bartholomeusz’ office at Greenslopes. During this immediate postoperative time, the patient will be required to be within 1.5 hours driving distance of the hospital. Once the drains have been removed, the patients may return home, however they will be required to only perform light duties in the home and preferably not return to work for three weeks postoperatively. Dr Bartholomeusz recommends no heavy lifting for three months post-surgery, however, light cardiovascular exercise can be resumed three to six weeks after surgery upon his specific instructions. No isometric contraction of the pectoral muscles (i.e. weight training, heavy lifting) may be undertaken for 3 months postoperatively and patients intending to undergo this surgery should plan accordingly.

Thank you for your interest in this unique surgical procedure.

The procedure of **bilateral subcutaneous mastectomy**, designed and performed by Dr Bartholomeusz, is known as the “**Flying Brevet**” **technique**. It includes a semicircular areolar incision, with superior skin excision and total glandular resection. A second stage inferior skin resection and areolar reduction and refashioning is performed in most cases. This procedure is **uniquely tailored** to FTM patients but can also be applied for the removal of persisting breast tissue in adolescent males. Its benefits include **consistent results** with **minimal complications**, allowing nipple areolar complex **remodeling** and repositioning, preservation of as much nipple sensation as possible, and **adaptability** to all breast sizes. Dr Bartholomeusz performs this procedure regularly for patients who have undergone a formal FTM transition, certified by psychological assessment.

Should you have any further queries regarding Dr Bartholomeusz’ Flying Brevet Subcutaneous Mastectomy please do not hesitate to contact our office on 3847 9492 (Greenslopes) or via email at enquiries@skinhealthsolutions.com.au.

